**What is medication management?**  
Our licensed and highly qualified Medication Management team offers assessments, prescriptions, and ongoing care/monitoring for individuals taking psychiatric medications.

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**Where can I get this service?**  
Clarinda, Red Oak, Shenandoah, Villisca (in collaboration with Villisca Medical Clinic), & at home via telehealth!  
  
**Who's eligible to receive this service?**  
This service is available to adults and children of all ages, from any community, that can attend appointments onsite, or from their homes via telehealth during standard business hours.

**Medication Management Providers**

Denise Crosson, FNP, Ph.D.

A person with blonde hair

Description automatically generated with low confidence

Denise D. Crosson, Ph.D. has been a nurse for thirty-eight years, a nurse practitioner for twenty-one years, and a nurse researcher for sixteen years. Her first job working with children was in high school as a lifeguard and swim instructor at the YMCA. Throughout her nursing career Crosson has worked with children and their families in hospital, home, hospice, and community-based settings. She earned a masters and doctoral degree from Virginia Commonwealth University where she was a fellow in the

VA-LEND neurodevelopmental disabilities training program, which focused on children and families. Her dissertation research focused on short- and long-term effects of preterm birth on childhood development.

Stephanie Gray, ARNP

A person wearing glasses

Description automatically generated with medium confidence

I earned a bachelor’s degree in Nursing from Nebraska Methodist College in 1996. I then earned a master’s degree in the Family Practice Nurse Practitioner program from Creighton University in 2004. I went on from there to earn a post-master’s certificate in Psychiatry from Creighton University in 2006.

I have extensive experience in the Emergency Department delivering medical care as well as Psychiatric care. I have practiced in close to every level of psychiatric care available which brings a seasoned and well-rounded view into my practice abilities. I have a very special interest in Individuals with intellectual disabilities and co-morbid psychiatric illnesses.

I enjoy the autonomy that my dual licensures provide for me. However, I am also a collaborator with many other disciplines, as they say, “it takes a village”.

Although, I have carried these advanced degrees for an extended period of time, I am a nurse and love to teach students at all levels…. Empower those that are our future!

Carla Abel-Zieg, ARNP

A person wearing a hat

Description automatically generated with medium confidence

Carla Abel-Zieg, ARNP, graduated in 1997, having over 24 years of diverse experience, especially in mental health.